## Children Drown Without a Sound

Children drown swiftly and silently. There is no splash or cry for help.

Supervision is the key to prevent drowning.

## **Facts**

- Children can drown in less than one inch of water.
- Survival depends on quick action. Brain damage or death can occur within three minutes.
- Barriers are not childproof. They provide layers of protection for a child who strays from supervision.
- Children who fall into water unexpectedly may panic and forget any swimming skills they have learned.
- Children are never drown-proof!

## Safety Tips

- Keep children in sight at all times.
- Never leave a child alone near water, not even for a few seconds.
- Always get into the water feet first.
- Children should wear life jackets when on a boat or walking near lakes, ponds, rivers and creeks.
- Post emergency numbers and keep a phone near the pool.
- Fence your pool on all four sides with a barrier that is at least five feet high.
- Use a self-closing gate that is locked when the pool is not in use.
- Install alarms on all doors leading to the pool area. Doors to pool area should be locked at all times.
- Supervise, supervise, supervise!

Saving Lives by Preventing Injuries to Children

(800) 683-5100 PASafeKids.org

